

Breakfast

November 2023

Menu subject to change due to availability!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Breakfast Scramble, Choice of Hot or cold cereal, Toast	2 Egg Patty, Cheese & Sausage Patty on Croissant, Choice of Hot or cold cereal Toast	3 Coffeecake, Yogurt, Choice of Hot or cold cereal, Toast	4 Eggs, Bacon, Choice of Hot or cold cereal, Toast
5 Donut, Boiled Egg, Choice of Hot or cold cereal, Toast National Donut Day!	6 Breakfast Scramble, Choice of Hot or cold cereal, Toast	7 Biscuits & Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast	8 Egg, Hash Brown Patty, Choice of Hot or cold cereal, Toast	9 Scrambled Eggs, Ham Slice, Choice of Hot or cold cereal, Toast	10 French Toast Bake, Fruit, Choice of Hot or cold cereal, Toast	11 Quiche, Choice of Hot or Cold cereal, Toast
12 Omelet, Choice of Hot or cold cereal, Toast	13 Muffin, Yogurt, Choice of Hot or cold cereal, Toast	14 Scrambled Eggs, Sausage Links, Choice of Hot or cold cereal, Toast	15 Egg Sandwich, Fruit, Choice of Hot or cold cereal, Toast	16 Danish, Boiled Egg, Choice of Hot or cold cereal, Toast	17 Egg, Bacon, Choice of Hot or cold cereal, Toast	18 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast
19 Egg Bake, Choice of Hot or cold cereal, Toast	20 Eggs Florentine, Choice of Hot or cold cereal, Toast	21 Waffles W/ Fruit, Smoky Links, Choice of Hot or cold cereal, Toast	22 Egg, Turkey Sausage, Choice of Hot or cold cereal, Toast	23 Donut, Yogurt Cup, Choice of Hot or cold cereal, Toast	24 Egg Patty, Cheese & Canadian Bacon on Croissant, Fruit, Choice of Hot or cold cereal Toast	25 Omelet, Bacon, Choice of Hot or cold cereal, Toast
26 Breakfast Scramble, Choice of Hot or Cold cereal, Toast	27 Eggs Benedict, Choice of Hot or cold cereal, Toast	28 French Toast Casserole, Smoky Links, Choice of Hot or Cold cereal, Toast National French Toast Day!	29 Bagel, Scrambled Eggs, Choice of Hot or cold cereal, Toast	30 Muffin, Boiled Eggs, Choice of Hot or cold cereal, Toast		

Dinner

November 2023

Menu subject to change due to availability!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Shepherd's Pie, Fruit Salad, Roll, Dessert	2 Asian Chicken, Oriental Vegetables, Rice, Egg Roll, Dessert	3 Haddock, French Fries, Cole Slaw Pudding	4 Spaghetti & Meat Sauce, Cottage Cheese,, Garlic Bread, Dessert
5 Baked Ham, Sweet Potatoes, Corn, Lima Beans, Ice Cream	6 Meatloaf, Scalloped Potatoes, Carrots, Pie	7 Bourbon Chicken, Cheesy Potatoes, California Blend, Dessert	8 Salisbury Steak, Mashed Potatoes & Gravy, Green Beans, Cake	9 Lasagna, Tossed Salad, Garlic Bread Dessert	10 Pollock, Rice, Broccoli, Roll National Vanilla Cupcake Day!	11 Cabbage Rolls, Mashed Potatoes, Carrots, Stewed Tomatoes, Brownie
12 BBQ Ribs, Baby Baked Potatoes, Green Beans, Ice Cream	13 Pizza, Pasta Salad, Cookie	14 Turkey Pot Roast, Mashed Potatoes & Gravy, Prince Charles Blend Cake	15 Casserole, Roll, Bar	16 Pork Chops, Au Gratin Potatoes, Baby Carrots, Dessert	17 Pecan Crusted Tilapia, Sweet Potatoes, Cauliflower Bar	18 Beef Stew, Biscuit, Cottage Cheese Dessert
19 Beef Roast, Mashed Potatoes & Gravy, Carrots, Beets, Ice Cream	20 Broccoli Stuffed Chicken, Rice dish, Normandy Blend Vegetables, Cake	21 Sweet & Sour Meatballs, Rice, Oriental Vegetables, Cookie	22 BBQ Pork Ribs Au Gratin Potatoes Corn bake, Green Beans Bar	23 THANKSGIVING DINNER!	24 Pollock, Artisan Macaroni & Cheese, Capri Blend Dessert	25 Ravioli Casserole, Roll Dessert
26 Pork Roast, Mashed Potatoes & Gravy, Prince Charles Blend, Ice Cream	27 Meatloaf, Scalloped Potatoes, Peas & Carrots, Dessert	28 Shrimp Fettuccini Alfredo, Broccoli, Breadsticks Bar	29 Chicken Legs, Potatoes & Gravy, Cole Slaw, Corn, Biscuit, National Lemon Crème Pie Day!	30 Beef Tips, Noodles, Green Peas, Roll Dessert		

Supper

November 2023

Menu subject to change due to availability!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Pulled Pork on bun, German Potato Salad, Fruit Cocktail	2 Beef Stroganoff, Roll, Pineapple	3 Turkey & Cheese Sandwich, Potato Au Gratin Soup National Sandwich Day! Jell-O w/ Fruit	4 Rubeen Sandwich, Potato Chips, Mixed Fruit
5 Hamburger on bun, Potato Salad Fruit	6 Breakfast for Supper! Pancakes, Sausage Links, Fruit	7 Beef & Swiss Sandwich, Vegetable Soup, Peaches	8 Chicken Slider, Sweet Potato Fries, Jell-O w/ Fruit	9 Grilled Ham & Cheese, Artisan Macaroni & Cheese, Pears	10 Goulash, Wheat Bread, Applesauce	11 Egg Salad Sandwich, Pasta Salad, Mixed Fruit
12 Turkey Club, 3 Bean Salad, Pineapple	13 Tater Tot Casserole, Roll, Jell-O	14 Sloppy Joes, Chips, Cole Slaw Pears	15 Grilled Turkey & Swiss, Pasta Salad, Peaches	16 Beef & Provolone sandwich, Green Pepper Soup, Fruit Cocktail	17 Pulled Chicken on bun, Tossed Salad, Mixed Fruit	18 Ham Slice, Macaroni & Cheese, Applesauce
19 Turkey & Cheese Sandwich, Chicken Noodle Soup, Mandarins	20 Grilled Beef and Swiss Sandwich, Onion Rings, Fruit Cocktail	21 Pizza Casserole, Roll, Pineapple	22 Pollock Wings, French Fries, Cole Slaw Pears	23 Pulled Pork on bun, German Potato Salad, Peaches	24 Mexican Dish, Tortilla Chips Mixed Fruit	25 Hotdog on Bun, Baked Beans, Mixed Fruit
26 Chili, Corn Muffin, Mixed Fruit	27 Chicken Salad on Croissant, Carrot-Raisin Salad, Mandarins	28 Submarine Sandwich, Chips, Applesauce	29 Sloppy Joes, Tater Tots, Fruit Cocktail	30 Grilled Cheese, Tomato Soup, Pears		