

Breakfast**SEPTEMBER 2023**

Menu subject to change due to availability

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|---|--|
| | | | | | 1 Pancakes, Sausage, Choice of Hot or cold cereal, Toast | 2 Quiche, Choice of Hot or Cold cereal, Toast |
| 3 Omelet, Choice of Hot or cold cereal, Toast | 4 Muffin, Yogurt, Choice of Hot or cold cereal, Toast | 5 Scrambled Eggs, Sausage Links, Choice of Hot or cold cereal, Toast | 6 Egg Bake, Choice of Hot or cold cereal, Toast | 7 Danish, Boiled Egg, Choice of Hot or cold cereal, Toast | 8 Egg, Bacon, Choice of Hot or cold cereal, Toast | 9 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast |
| 10 Egg Bake, Choice of Hot or cold cereal, Toast | 11 Eggs Florentine, Choice of Hot or cold cereal, Toast | 12 Waffles W/ Fruit, Smoky Links, Choice of Hot or cold cereal, Toast | 13 Egg, Turkey Sausage, Choice of Hot or cold cereal, Toast | 14 Donut, Yogurt Cup, Choice of Hot or cold cereal, Toast National Cream Filled Donut day! | 15 Egg Patty, Cheese & Canadian Bacon on English Muffin, Choice of Hot or cold cereal Toast | 16 Omelet, Bacon, Choice of Hot or cold cereal, Toast |
| 17 Breakfast Scramble, Choice of Hot or Cold cereal, Toast | 18 Eggs Benedict, Choice of Hot or cold cereal, Toast | 19 Muffin, Boiled Eggs, Choice of Hot or cold cereal, Toast | 20 Bagel, Scrambled Eggs, Choice of Hot or cold cereal, Toast | 21 French Toast, Smoky Links, Choice of Hot or Cold cereal, Toast | 22 Egg, Bacon, Choice of Hot or Cold cereal, Toast | 23 Egg Bake, Choice of Hot or cold cereal Toast |
| 24 Pig in a Blanket, Citrus Fruit, Choice of Hot or Cold cereal, Toast | 25 Waffles w/Fruit, Smoky Links, Choice of Hot or cold cereal, Toast | 26 Omelet, Choice of Hot or cold cereal, Toast | 27 Breakfast Scramble, Choice of Hot or cold cereal, Toast | 28 Egg Patty, Cheese & Sausage Patty on Croissant, Choice of Hot or cold cereal Toast | 29 Coffeecake, Yogurt, Choice of Hot or cold cereal, Toast | 30 Eggs, Bacon, Choice of Hot or cold cereal, Toast |

Dinner

SEPTEMBER 2023

Menu subject to change due to availability

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|---|--|
| | | | | | 1 Pollock, Rice, Broccoli, Roll Pudding | 2 Cabbage Rolls, Mashed Potatoes, Carrots, Stewed Tomatoes, Brownie |
| 3 BBQ Ribs, Baby Baked Potatoes, Green Beans, Ice Cream | 4 LABOR DAY! | 5 Turkey Pot Roast, Mashed Potatoes & Gravy, Prince Charles Blend Bar | 6 Broccoli Stuffed Chicken, Rice dish, Normandy Blend Vegetables, National Coffee Ice Cream day! | 7 Pork Chops, Au Gratin Potatoes, Baby Carrots, Dessert | 8 Pecan Crusted Tilapia, Sweet Potatoes, Cauliflower Bar | 9 Beef Stew, Biscuit, Fruit Salad, Dessert |
| 10 Beef Roast, Mashed Potatoes & Gravy, Carrots, Beets, Ice Cream | 11 Pizza, Pasta Salad, Cupcakes Neon Monday! | 12 Waikiki Meatballs, Rice, Hawaiian Roasted Vegetables, Dessert Tropical Tuesday! | 13 BBQ Pork Ribs Au Gratin Potatoes Corn bake, Green Beans Pudding Western Wednesday! | 14 Chicken Lasagna, Roll Thursday Dots & Dashes! | 15 Pollock, Artisan Macaroni & Cheese, Prince Charles Blend Dessert Formal Friday! | 16 Ravioli, Cottage Cheese, Breadsticks Dessert |
| 17 Roast Turkey, Stuffing, Green Beans, Cranberry sauce, National Apple Dumpling Day! | 18 Meatloaf, Scalloped Potatoes, Peas & Carrots, Dessert | 19 Shrimp Fettuccini Alfredo, Broccoli, Breadsticks National Butterscotch Day! | 20 Chicken Legs, Potatoes & Gravy, Cole Slaw, Corn, Biscuit, Dessert | 21 Beef Tips, Noodles, Green Peas, Roll National Pecan Cookie Day! | 22 Cod, Wild Rice, Capri Blend, Roll Dessert National Ice Cream Cone day! | 23 Pot Pie, Cottage Cheese Salad, Cake |
| 24 Beef Roast, Mashed Potatoes & Gravy, Green Beans, Ice Cream | 25 Baked Chicken, Creamy Noodles, Scandinavian Blend, Dessert | 26 Smothered Pork Chops, Mashed Potatoes & Gravy, Baby Carrots, National Key Lime Pie Day! | 27 Shepherd's Pie, Fruit Salad, Roll, Dessert | 28 Asian Chicken, Oriental Vegetables, Rice, Egg Roll, National Strawberry Cream Pie day! | 29 Haddock, French Fries, Cole Slaw Pudding | 30 Spaghetti & Meat Sauce, Cottage Cheese,, Garlic Bread, Dessert |

Supper

SEPTEMBER 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|--|
| | | | | | 1 Grilled Turkey & Cheese, Pasta Salad, Mixed Fruit | 2 Egg Salad Sandwich, Potato Salad, Peaches |
| 3 Turkey Club, 3 Bean Salad, Pineapple | 4 Tater Tot Casserole, Roll, Jell-O | 5 Sloppy Joes, Chips, Cole Slaw Pears | 6 Turkey & Cheese, Pasta Salad, Peaches | 7 Beef & Provolone sandwich, Green Pepper Soup, Fruit Cocktail | 8 Pulled Chicken on bun, Tossed Salad, Mixed Fruit | 9 Bologna & Cheese Sandwich, Macaroni & Cheese, Mixed Fruit |
| 10 Hotdog on Bun, Cole Slaw, Chips, Fruit National Hotdog day! | 11 Grilled Ham and Cheese Sandwich, Onion Rings, Fruit | 12 Ham Salad on Bun, Bacon-Pea Salad, Pineapple | 13 BLT, Potato Chips, Pears | 14 Chef's Salad, Roll Mixed Melon | 15 Casserole, Roll, Mixed Fruit | 16 Mexican Dish, Tortilla Chips Peaches National Guacamole Day! |
| 17 Ham Sandwich, Macaroni Salad, Mixed Fruit | 18 Cheeseburger on Bun, Tater Tots, Mandarins National Cheeseburger Day! | 19 Chicken Salad on Croissant, Carrot-Raisin Salad, Applesauce | 20 Beef Slider, Artisan Macaroni & Cheese, Fruit Cocktail | 21 Chicken Tenders, French Fries, Pears | 22 Taco Salad, Tortilla Chips, Jell-O w/Fruit | 23 Salmon Patty on bun, Cole Slaw Pineapple |
| 24 Tuna Sandwich, Seafood Pasta Salad, Peaches | 25 Pepperoni Pizza Pasta Salad Pears | 26 Turkey Burger, Broccoli Cheese Soup Mixed Melon | 27 Pulled Pork on bun, Summer Salad, Mandarins | 28 BLT, Chips, Pineapple | 29 Sub Sandwich, Macaroni Salad, Jell-O w/ Fruit | 30 Rubeen Sandwich, Potato Chips, Mixed Fruit |

