## August 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 Scrambled Eggs, Sausage Links, Choice of Hot or cold cereal, Toast | 2 Egg Bake, Choice of Hot or cold cereal, Toast | 3 Danish, Boiled Egg, Choice of Hot or cold cereal, Toast | 4 Egg, Bacon, Choice of Hot or cold cereal, Toast | 5 Omelet, Choice of Hot or cold cereal, Toast |
| 6 Muffins, Boiled Egg, Choice of Hot or cold cereal, Toast | 7 Eggs Florentine, Choice of Hot or cold cereal, Toast | 8 Donut, Yogurt Cup, Choice of Hot or cold cereal, Toast | 9 Egg, Turkey Sausage, Choice of Hot or cold cereal, Toast | 10 Waffles W/ Fruit, Smoky Links, Choice of Hot or cold cereal, Toast | 11 Scrambled Eggs, Canadian Bacon, Choice of Hot or cold cereal Toast | 12 Omelet, Bacon, Choice of Hot or cold cereal, Toast |
| 13 Breakfast <br> Scramble, Choice of Hot or Cold cereal, Toast | 14 Eggs Benedict, Choice of Hot or cold cereal, Toast | 15 Muffin, Boiled Eggs, Choice of Hot or cold cereal, Toast | 16 Bagel, Scrambled Eggs, Choice of Hot or cold cereal, Toast | 17 French Toast, Smoky Links, Choice of Hot or Cold cereal, Toast | 18 Egg, Bacon, Choice of Hot or Cold cereal, Toast | 19 Egg Bake, Choice of Hot or cold cereal Toast |
| 20 Pig in a Blanket, Citrus Fruit, Choice of Hot or Cold cereal, Toast | 21 Waffles w/Fruit, Smoky Links, Choice of Hot or cold cereal, Toast | 22 Omelet, Choice of Hot or cold cereal, Toast | 23 Breakfast Pizza, Choice of Hot or cold cereal, Toast | 24 Egg Patty, Cheese \& Sausage Patty on Croissant, Choice of Hot or cold cereal Toast | 25 Coffeecake, Yogurt, Choice of Hot or cold cereal, Toast | 26 Eggs, Bacon, Choice of Hot or cold cereal, Toast |
| 27 Biscuits \& Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast | 28 Breakfast Scramble, Choice of Hot or cold cereal, Toast | 29 Muffin, Boiled Egg, Choice of Hot or cold cereal, Toast | 30 Egg, Hash Brown Patty, Choice of Hot or cold cereal, Toast | 31 Scrambled Eggs, Ham Slice, Choice of Hot or cold cereal, Toast |  |  |

## August 2023

Menu subject to change due to availability

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 Casserole, Roll, Bar | 2 Broccoli Stuffed Chicken, Rice dish, Normandy Blend Vegetables, National Ice Cream Sandwich day! | 3 Pork Chops, Au Gratin Potatoes, Baby Carrots, Dessert | 4 Pecan Crusted Tilapia, Sweet Potatoes, Cauliflower <br> National Chocolate Chip Cookie Day! | 5 Beef Stew, Biscuit, Fruit Salad, <br> Dessert |
| 6 Beef Roast, Mashed Potatoes \& Gravy, Carrots, Beets, National Root beer Float Day! | 7 Pizza, Pasta Salad, <br> Cookie | 8 Chopped Steak, Mashed Potatoes \& Gravy, California Blend Cake | 9 BBQ Pork Ribs Au Gratin Potatoes Corn bake, Green Beans Pudding | 10 Chicken Legs, Potatoes \& Gravy, Cole Slaw, Corn, Biscuit, Bar | 11 Pollock, <br> Artisan Macaroni \& Cheese, Prince Charles Blend <br> Dessert | 12 Ravioli, Cottage Cheese, Breadsticks Dessert |
| 13 Roast Turkey, Stuffing, Green Beans, Cranberry sauce, <br> Ice Cream | 14 Meatloaf, Scalloped Potatoes, Peas \& Carrots, Dessert <br> National Creamsicle Day! | 15 Shrimp Fettuccini Alfredo, Broccoli, Breadsticks <br> National Lemon Meringue Pie Day! | 16 Stuffed Chicken, Party Potatoes, Mixed Vegetables, Dessert | 17 Beef Tips, Noodles, Green Peas, Roll Dessert | 18 Cod, Wild Rice, Capri Blend, Roll Dessert <br> National Ice Cream day! | 19 Pot Pie, Cottage Cheese Salad, <br> Cake |
| 20 Beef Roast, Mashed Potatoes \& Gravy, Green Beans, Ice Cream | 21 Baked Chicken, Creamy Noodles, Scandinavian Blend, Dessert | 22 Smothered Pork Chops, Mashed Potatoes \& Gravy, Baby Carrots, Dessert | 23 Shepherd's Pie, Fruit Salad, Roll, Dessert | 24 Asian Chicken, Oriental Vegetables, Rice, Egg Roll, National Peach Pie day! | 25 Haddock, French Fries, Cole Slaw Pudding | 26 Tortellini Casserole, Italian Beans, Garlic Bread, Dessert |
| 27 Ham, Mashed Sweet Potatoes, Corn, Lima Beans, Ice Cream | 28 Meatloaf, Scalloped Potatoes, Carrots, Pie | 29 Bourbon Chicken, Cheesy Potatoes, California Blend, Dessert | 30 Salisbury Steak, Mashed Potatoes \& Gravy, Green Beans, Dessert | 31 Lasagna, Tossed Salad, Garlic Bread Dessert |  |  |


| Supper |  | $\text { August } 2023$ |  |  | Menu subject to change due to availability |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturaay |
|  |  | 1 Sloppy Joes, Chips, Cole Slaw Pears | 2 Grilled Turkey \& Cheese, Pasta Salad, Peaches | 3 Pulled Chicken on bun, Tossed Salad, National Watermelon day! | 4 Beef \& Provolone sandwich, Vegetable Soup, <br> Mixed Fruit | 5 Bologna \& Cheese Sandwich, Macaroni \& Cheese, Mixed Fruit |
| 6 Ham Salad on Bun, Bacon-Pea Salad, Pineapple | 7 Tater Tot Casserole, Roll, Mixed Fruit | 8 OUR ANNUAL PICNIC! | 9 Chef's Salad, Roll Pears | 10 BLT, Potato Chips, Mixed Melon | 11 Mexican Dish, Tortilla Chips \& Salsa Mixed Fruit | 12 Egg Salad Sandwich, Tossed Salad, Peaches |
| 13 Ham Sandwich, Macaroni Salad, Mixed Fruit | 14 Beef Slider, Artisan Macaroni \& Cheese, Mandarins | 15 Chicken Salad on Croissant, Carrot-Raisin Salad, Applesauce | 16 Brat on bun, Baked Beans, Chips, Fruit Cocktail <br> National Bratwurst Day! | 17 Chicken Tenders, French Fries, Pears | 18 Taco Salad, Tortilla Chips, Jell-O w/Fruit | 19 Salmon Patty on bun, Cole Slaw Pineapple |
| 20 Tuna Sandwich, Seafood Pasta Salad, Peaches | 21 Pepperoni Pizza <br> Pasta Salad <br> Pears | 22 Turkey Burger, Broccoli Cheese Soup <br> Mixed Melon | 23 Pulled Pork on bun, Summer Salad, <br> Mandarins | 24 BLT, Chips, <br> Pineapple | 25 Sub Sandwich, Macaroni Salad, Jell-O w/ Fruit | 26 Rueben Sandwich, Potato Chips, Mixed Fruit |
| 27 Hamburger on bun, Potato Salad Fruit National Burger Day! | 28 Ham \& Cheese <br> Sandwich, Pasta Salad <br> Pineapple | 29 Goulash, Wheat Bread, Applesauce | 30 Chicken Slider, Sweet Potato Fries, Jell-O w/ Fruit | 31 Grilled Beef \& Swiss Sandwich, <br> Vegetable Soup, Pears <br> National Trail Mix Day! |  |  |

