

**Breakfast****MARCH 2023**

Menu subject to change due to availability

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Scrambled Eggs, Sausage, Choice of Hot or cold cereal, Toast	2 Muffin, Boiled Eggs, Choice of Hot or Cold cereal, Toast	3 Egg, Bacon, Choice of Hot or Cold cereal, Toast	4 Egg Bake, Choice of Hot or cold cereal Toast
5 Pig in a Blanket, Citrus Fruit, Choice of Hot or Cold cereal, Toast	6 Donut, Yogurt cup, Choice of Hot or cold cereal, Toast	7 Biscuits & Sausage Gravy, Egg Patty, Choice of Hot or cold cereal, Toast	8 Muffin, Boiled Eggs, Choice of Hot or cold cereal, Toast	9 Egg, Ham Slice, Choice of Hot or cold cereal Toast	10 Pancakes, Sausage Links, Choice of Hot or cold cereal, Toast	11 Egg, Hash Brown Patty, Choice of Hot or cold cereal, Toast
12 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast	13 Scrambled Eggs, Ham Slice, Choice of Hot or cold cereal, Toast	14 Muffin, Yogurt, Choice of Hot or cold cereal, Toast	15 Egg Bake, Choice of Hot or cold cereal, Toast	16 Egg, Bacon, Choice of Hot or cold cereal, Toast	17 Danish, Boiled Egg, Choice of Hot or cold cereal, Toast	18 Omelet, Choice of Hot or cold cereal, Toast
19 Scrambled Eggs, Sausage Links, Choice of Hot or cold cereal, Toast	20 Breakfast Scramble, Choice of Hot or cold cereal, Toast	21 Donut, Yogurt Cup, Choice of Hot or cold cereal, Toast	22 Egg, Turkey Sausage, Choice of Hot or cold cereal, Toast	23 Waffles W/ Fruit, Smoky Links, Choice of Hot or cold cereal, Toast	24 Egg Patty, Cheese & Sausage Patty Croissant, Choice of Hot or cold cereal Toast	25 Bacon Omelet, Choice of Hot or cold cereal, Toast
26 Eggs Florentine Choice of Hot or Cold cereal, Toast  National Spinach Day!	27 Eggs Benedict, Choice of Hot or cold cereal, Toast	28 Scrambled Eggs, Sausage, Choice of Hot or cold cereal, Toast	29 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast	30 Muffin, Boiled Eggs, Choice of Hot or Cold cereal, Toast	31 Egg, Bacon, Choice of Hot or Cold cereal, Toast	

**Dinner**

**MARCH 2023**

Menu subject to change due to availability

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Kielbasa & Cabbage, Potatoes, Carrots Pie	2 Stuffed Chicken, Party Potatoes, Mixed Vegetables Bar	3 Cod, Rice, Capri blend, Roll Cake	4 Chicken Casserole, Roll, Pudding
5 Ham, Mashed Potatoes & Gravy, Baby Carrots, Ice Cream	6 Lasagna, Tossed Salad, Garlic Bread Dessert	7 Bourbon Chicken, Cheesy Potatoes, California Blend, Bar	8 Pizza, Pop, Pasta Salad, Cookie	9 Shepherd's Pie, Fruit Salad, Roll, Cake	10 Pollock, Rice, Prince Charles Blend, Dessert	11 Open Faced Turkey Sandwich, Mashed Potatoes & Gravy, Peas & Carrots, Dessert
12 Pork Roast, Potatoes & Gravy, Green Beans, Red Cabbage, Ice Cream	13 Chicken, Baby Baked Potatoes, Vegetable Blend, Dessert	14 Meatloaf, Scalloped Potatoes, California Blend, Dessert	15 Broccoli Stuffed Chicken, Rice dish, Normandy Blend Vegetables, Pie	16 Swedish Meatballs, Noodles, Green Peas, Pudding	17 Pecan Crusted Tilapia, Sweet Potatoes, Cauliflower Cookie	18 Turkey Pot Roast, Mashed Potatoes & Gravy, Prince Charles Blend, Dessert
19 Beef Roast, Mashed Potatoes & Gravy, Carrots, Beets, Ice Cream	20 <b>National Ravioli Day!</b> Salad, Garlic Toast, Dessert	21 Riblets, Scalloped Potatoes, Corn Bake, California Blend, Cake	22 Chicken Legs, Potatoes & Gravy, Cole Slaw, Corn, Biscuit, Cookie	23 Salisbury Steak, Mashed Potatoes & Gravy, Green Beans, Dessert	24 Pollock, Artisan Mac & Cheese, Normandy Blend, Pudding	25 Spaghetti w/ Meat Sauce, Cottage Cheese, Garlic Bread, Bar
26 Roast Turkey, Stuffing, Prince Charles, Cranberry sauce, Ice Cream	27 Meatloaf, Scalloped Potatoes, Peas & Carrots, Dessert	28 Shrimp Fettuccini Alfredo, Broccoli, Breadsticks Bar	29 Stuffed Chicken, Party Potatoes, Mixed Vegetables Pie	30 Kielbasa & Cabbage, Potatoes, Carrots Bar	31 Cod, Rice dish, Capri blend, Roll Cake	

# Supper

# MARCH 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Hamburger on Bun, Chips, Applesauce	2 Grilled Ham & Cheese Sandwich, Macaroni & Cheese, Peaches	3 Sloppy Joe's, Broccoli Salad, Chips Fruit	4 Chili, Cornbread, Pineapple
5 Sub Sandwich, Chips, Fruit	6 Pulled Pork on bun, German Potato Salad, Fruit	7 White Chicken Chili, Corn Muffins, Pineapple	8 Goulash, Wheat Bread, Jell-O w/ Fruit	9 Tortellini Casserole, Breadsticks, Fruit Cocktail  <b>National Meatball Day!</b>	10 Grilled Turkey & Swiss, Potato Soup, Pears	11 Hotdog, Baked Beans, Chips, Fruit
12 Turkey Club, 3 Bean Salad, Applesauce	13 Ham and Cheese Sandwich, Pea Soup, Pineapple	14 Pulled Chicken on Bun, <b>National Chips &amp; Dip Day!</b> Mandarin Oranges	15 Grilled Ham & Swiss, Sweet Potato Fries, Fruit Cocktail	16 Bologna & Cheese Sandwich, Macaroni & Cheese, Pears	17 Beef & Provolone sandwich, Green Pepper Soup, Mixed Fruit	18 <b>National Sloppy Joes Day!</b> , Chips, Cole Slaw  Mixed Fruit
19 Ham Salad on Bun, Bacon-Pea Salad, Pineapple	20 Ham & Swiss on Bun, German Potato Salad, Peaches	21 Grilled Cheese, Tomato Soup Fruit	22 Tater Tot Casserole, Roll, Pears	23 Chicken Slider, Chips, Jell-O w/ Fruit	24 Mexican Rice Casserole, Tortilla Chips & Salsa Mixed Melon	25 Turkey Sandwich, Chicken Noodle Soup, Fruit
26 French Dip, French Fries, Mixed Fruit	27 Pepperoni Pizza Pasta Salad Jell-O w/ Fruit	28 Chicken Salad on Croissant, Carrot-Raisin Salad, Pears	29 Hamburger on Bun, Chips, Applesauce	30 Chicken Tenders, Onion Rings, Peaches  <b>National Hot Chicken Day!</b>	31 Sloppy Joe's, Broccoli Salad. Chips Mixed Fruit	