

Breakfast**February, 2023**Menu subject to change
due to availability

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Frittata, Choice of Hot or cold cereal, Toast	2 Egg Patty, Cheese & Sausage Patty on Croissant, Choice of Hot or cold cereal Toast	3 Eggs, Bacon, Choice of Hot or cold cereal, Toast	4 Waffles w/Fruit, Smoky Links, Choice of Hot or cold cereal, Toast
5 Donut, Yogurt Cup, Choice of Hot or cold cereal, Toast	6 Breakfast Bowl, Choice of Hot or cold cereal, Toast	7 Biscuits & Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast	8 Muffin, Boiled Egg, Choice of Hot or cold cereal, Toast	9 Egg, Ham Slice, Choice of Hot or cold cereal, Toast	10 Pancakes, Sausage, Choice of Hot or cold cereal, Toast	11 Egg, Hash Brown Patty, Choice of Hot or Cold cereal, Toast
12 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast	13 Scrambled Eggs, Bacon, Choice of Hot or cold cereal, Toast	14 Muffin, Yogurt, Choice of Hot or cold cereal, Toast	15 Egg Bake, Choice of Hot or cold cereal, Toast	16 Egg, Ham Slice, Choice of Hot or cold cereal, Toast	17 Danish, Boiled Egg, Choice of Hot or cold cereal, Toast	18 Omelet, Choice of Hot or cold cereal, Toast
19 Coffeecake, Boiled Egg, Choice of Hot or cold cereal, Toast	20 Eggs Florentine, Choice of Hot or cold cereal, Toast	21 Donut, Yogurt Cup, Choice of Hot or cold cereal, Toast	22 Frittata, Choice of Hot or cold cereal, Toast	23 Waffles W/ Fruit, Smoky Links, Choice of Hot or cold cereal, Toast	24 Egg Patty, Cheese & Sausage Patty Croissant, Choice of Hot or cold cereal Toast	25 Omelet, Bacon, Choice of Hot or cold cereal, Toast
26 Pancakes, Sausage Links, Choice of Hot or Cold cereal, Toast	27 Eggs Benedict, Choice of Hot or cold cereal, Toast	28 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast				

Dinner

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Chopped Steak, Baked Potatoes, California Blend, Dessert	2 Sweet & Sour Chicken, Oriental Vegetables, Rice, Cookie	3 Haddock, French Fries, Cole Slaw National Carrot Cake Day!	4 Pot Pie, Cottage Cheese Salad, Roll
5 Ham, Mashed Potatoes & Gravy, Baby Carrots, Ice Cream	6 Bourbon Chicken, Cheesy Potatoes, Cauliflower, Corn Bar	7 Lasagna, Tossed Salad, Garlic Bread Pie	8 Shepherd's Pie, Fruit Salad, Roll, Dessert	9 Pizza, Pop, Pasta Salad, Cookie National Pizza Day!	10 Pollock, Rice, Prince Charles Blend, National "Have a Brownie" Day!	11 Open Faced Turkey Sandwich, Mashed Potatoes & Gravy, Peas & Carrots, Dessert
12 Pork Roast, Potatoes & Gravy, Green Beans, Red Cabbage, Ice Cream	13 Chicken, Baby Baked Potatoes, Vegetable Blend, Dessert	14 Beef Stew, Biscuit, Fruit Salad, Bar	15 Broccoli Stuffed Chicken, Chicken Rice, Normandy Blend Vegetables, Pie	16 Swedish Meatballs, Noodles, Green Peas, Pudding	17 Pecan Crusted Tilapia, Sweet Potatoes, Cauliflower Cookie	18 Casserole, Roll. Dessert
19 Beef Roast, Mashed Potatoes & Gravy, Carrots, Beets, Ice Cream National Chocolate Mint Day!	20 Chicken Thighs, Baked Potatoes, Green Beans, National Cherry Pie Day!	21 Riblets, Scalloped Potatoes, Corn Bake, California Blend, Cake	22 Chicken Legs, Potatoes & Gravy, Cole Slaw, Corn, Biscuit, Cookie	23 Beef Tips, Noodles, Peas, Roll Dessert	24 Pollock, Rice, Normandy Blend, Pudding	25 Spaghetti & Meat Sauce, Garlic Bread, Cottage Cheese, Bar
26 Roast Turkey, Stuffing, Prince Charles, Cranberry sauce, Ice Cream	27 Meatloaf, Scalloped Potatoes, Peas & Carrots, National Strawberry Shortcake Day!	28 Shrimp Fettuccini Alfredo, Broccoli, Breadsticks Bar				

Supper

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Beef Slider, Artisan Macaroni & Cheese, Mandarins	2 Pea Soup, Ham Sandwich, Pineapple	3 Pulled Pork on bun, Potato Salad, Fruit	4 Chicken Tenders, Sweet Potato Fries, Peaches
5 Sub Sandwich, Chips, Fruit	6 Cabbage Rolls, Mashed Potatoes, Stewed Tomatoes, Applesauce	7 White Chicken Chili, Corn Muffins, Pineapple	8 Fishwich Sandwich, Tater Tots Jell-O w/ Fruit	9 Grilled Turkey & Swiss Sandwich, Potato Soup, Pears	10 Goulash, Wheat Bread, Peaches	11 Hotdog, Baked Beans, Chips, Fruit
12 Turkey Club, 3 Bean Salad, Jell-O	13 Ham and Cheese Sandwich, Bean Soup, Pineapple	14 Pulled Chicken on Bun, Tossed Salad, Mandarin Oranges	15 Grilled Ham & Cheese, Potato Salad, Fruit Cocktail	16 Sloppy Joes, Chips, Cole Slaw Pears	17 Beef & Provolone sandwich, Green Pepper Soup, Mixed Fruit	18 Bologna & Cheese Sandwich, Macaroni & Cheese, Mixed Fruit
19 Ham Salad on Bun, Bacon-Pea Salad, Pineapple	20 Tater Tot Casserole, Roll, Peaches	21 Grilled Cheese, Tomato Soup Mixed Melon	22 Turkey Pastrami on Bun, German Potato Salad, Pears	23 Chicken Slider, Chips, Jell-O w/ Fruit	24 Mexican Rice, National Tortilla Chip Day! Mixed Fruit	25 Turkey & Swiss Sandwich, Chicken Noodle Soup, Fruit
26 French Dip, French Fries, Mixed Fruit	27 Pepperoni Pizza Pasta Salad Jell-O w/ Fruit	28 Chicken Salad on Croissant, Carrot-Raisin Salad, Pears				