

**Breakfast****NOVEMBER 2022**

Menu subject to change due to availability

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		1 Egg Bake, Choice of Hot or cold cereal, Toast	2 Muffin, Yogurt, Choice of Hot or cold cereal, Toast	3 Egg, Ham Slice, Choice of Hot or cold cereal, Toast	4 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast	5 Omelet, Choice of Hot or cold cereal, Toast
6 Coffeecake, Boiled Egg, Choice of Hot or cold cereal, Toast	7 Eggs Florentine, Choice of Hot or cold cereal, Toast	8 Donut, Yogurt Cup, Choice of Hot or cold cereal, Toast	9 Frittata, Choice of Hot or cold cereal, Toast	10 Waffles W/ Fruit, Smoky Links, Choice of Hot or cold cereal, Toast	11 Egg Patty, Cheese & Sausage Patty Croissant, Choice of Hot or cold cereal Toast	12 Omelet, Bacon, Choice of Hot or cold cereal, Toast
13 Pancakes, Sausage Links, Choice of Hot or Cold cereal, Toast	14 Eggs Benedict, Choice of Hot or cold cereal, Toast	15 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast	16 Scrambled Eggs, Sausage, Choice of Hot or cold cereal, Toast	17 Muffin, Boiled Eggs, Choice of Hot or Cold cereal, Toast	18 Egg, Bacon, Choice of Hot or Cold cereal, Toast	19 Egg Bake, Choice of Hot or cold cereal Toast
20 Pig in the Blanket, Citrus Fruit, Choice of Hot or Cold cereal, Toast	21 Breakfast Scramble, Choice of Hot or cold cereal, Toast	22 Cinnamon Roll, Boiled Eggs, Choice of Hot or cold cereal, Toast	23 Frittata, Choice of Hot or cold cereal, Toast	24 Egg Patty, Cheese & Sausage Patty on Croissant, Choice of Hot or cold cereal Toast	25 Waffles w/Fruit, Smoky Links, Choice of Hot or cold cereal, Toast	26 Eggs, Bacon, Choice of Hot or cold cereal, Toast
27 Scrambled Eggs, Corned Beef Hash, Choice of Hot or cold cereal, Toast	28 Breakfast Bowl, Choice of Hot or cold cereal, Toast	29 Biscuits & Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast	30 Muffin, Boiled Egg, Choice of Hot or cold cereal, Toast			

**Dinner**

**NOVEMBER 2022**

Menu subject to change due to availability

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Beef Stew, Biscuit, Fruit Salad, Dessert	2 Broccoli Stuffed Chicken, Chicken Rice, Normandy Blend Vegetables	3 Swedish Meatballs, Noodles, Green Peas, Pudding	4 Pecan Crusted Tilapia, Sweet Potatoes, Cauliflower Cookie	5 Chicken Fettuccini Alfredo, Cottage Cheese, Breadsticks  Dessert
6 Beef Roast, Mashed Potatoes & Gravy, Carrots, Beets, Ice Cream	7 Chicken Thighs, Baked Potatoes, Green Beans, Bar	8 Riblets, Scalloped Potatoes, Corn Bake, California Blend, Cake	9 Chicken Legs, Potatoes & Gravy, Cole Slaw, Corn, Biscuit, Cookie	10 Beef Tips, Noodles, Peas, Roll  <b>National Vanilla Cupcake Day!</b>	11 Pollock, Rice, Normandy Blend, Pudding	12 Spaghetti & Meat Sauce, Garlic Bread, Cottage Cheese, Bar
13 Roast Turkey, Stuffing, Prince Charles, Cranberry sauce, Ice Cream	14 Meatloaf, Scalloped Potatoes, Peas & Carrots,	15 Shrimp Alfredo, Broccoli, Breadsticks  Mini Eclairs	16 Ham Loaf, Au Gratin Potatoes, California Blend,  Pie	17 Stuffed Chicken, Party Potatoes, Mixed Vegetables  Bar	18 Cod, Rice, Capri blend, Roll  Cake	19 Kielbasa & Cabbage, Potatoes, Carrots  Pudding
20 Beef Roast, Mashed Potatoes & Gravy, Prince Charles Blend, Ice Cream	21 Italian Chicken Breast, Pasta & Vegetable Blend, Roll, Bar	22 Smothered Pork Chops, Mashed Potatoes & Gravy, Green Beans	23 Chopped Steak, Baked Potatoes, California Blend, Dessert	<b>24 Thanksgiving Dinner!</b>	25 Haddock, French Fries, Cole Slaw  <b>National Parfait Day!</b>	26 Pot Pie, Cottage Cheese Salad, Roll  <b>National Cake Day!</b>
27 Ham, Sweet Potatoes, Succotash, Wax Beans, Ice Cream	28 Bourbon Chicken, Cheesy Potatoes, Cauliflower Bar	29 Lasagna, Tossed Salad, Garlic Bread  <b>National Lemon Cream Pie Day!</b>	30 Pizza, Pop, Pasta Salad,  Cookie			

**Supper****NOVEMBER 2022**

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<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		1 Pulled Chicken on Bun, Tossed Salad, Watermelon	2 Grilled Ham & Cheese, Potato Salad, Pears	3 Sloppy Joes, Chips, Fruit Cocktail	4 Beef & Provolone sandwich, Green Pepper Soup, Mixed Fruit	5 Bologna & Cheese Sandwich, Macaroni & Cheese, Mixed Fruit
6 Ham Salad on Bun, Bacon-Pea Salad, Mixed Fruit	7 Tater Tot Casserole, Roll, Peaches	8 Grilled Cheese, Tomato Soup Watermelon	9 Turkey Pastrami on Bun, German Potato Salad, Pears	10 Chicken Slider, Chips, Jell-O w/ Fruit	11 Turkey & Swiss Sandwich, Chicken Noodle Soup, Fruit	12 Hamburger on Bun, Chips, Mixed Melon
13 French Dip, French Onion Soup, Mixed Fruit	14 Pepperoni Pizza Chips Jell-O w/ Fruit	15 Chicken Salad on Croissant, Carrot-Raisin Salad, Pears	16 Tuna Casserole, Roll Watermelon	17 Grilled Ham & Cheese Sandwich, Macaroni & Cheese, Peaches	18 Sloppy Joe's, Broccoli Salad, Chips Fruit	19 Chili, Cornbread, Pineapple
20 Tuna Sandwich, Pasta Salad, Fruit	21 Rueben Sandwich, Potato Chips, Peaches	22 Turkey Sandwich, Broccoli Cheese Soup Mixed Melon	23 Beef Slider, Artisan Macaroni & Cheese, Mandarins	24 Pea Soup, Ham Sandwich, Pineapple	25 Pulled Pork on bun, Onion Rings, Fruit	26 Chicken Tenders, Sweet Potato Fries, Peaches
27 Cabbage Rolls, Mashed Potatoes, Stewed Tomatoes, Mixed Fruit	28 Sub Sandwich, Chips, Fruit Cocktail	29 White Chicken Chili, Corn Muffins, Pineapple	30 Fishwich Sandwich, Tater Tots Jell-O w/ Fruit			

