

Breakfast**SEPTEMBER 2022**

Menu subject to change due to availability

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Waffles W/ Fruit, Choice of Hot or cold cereal, Toast	2 Egg Patty, Cheese & Sausage Patty Croissant, Choice of Hot or cold cereal Toast	3 Omelet, Choice of Hot or cold cereal, Toast
4 French Toast, Smoky Links, Choice of Hot or Cold cereal, Toast	5 Donut, Yogurt, Choice of Hot or cold cereal, Toast	6 Eggs Benedict, Choice of Hot or cold cereal, Toast	7 Frittata, Choice of Hot or cold cereal, Toast	8 Scrambled Eggs Sausage, Choice of Hot or Cold cereal, Toast	9 Quiche, Choice of Hot or Cold cereal, Toast	10 Egg Bake, Choice of Hot or cold cereal Toast
11 Pig in the Blanket, Citrus Fruit, Choice of Hot or Cold cereal, Toast	12 Breakfast Scramble, Choice of Hot or cold cereal, Toast	13 Cinnamon Roll, Boiled Eggs, Choice of Hot or cold cereal, Toast	14 Cheese Omelet, Choice of Hot or cold cereal, Toast	15 Egg Patty, Cheese & Sausage Patty on Croissant, Choice of Hot or cold cereal Toast	16 Waffles w/Fruit, Smoky Links, Choice of Hot or cold cereal, Toast	17 Eggs, Bacon, Choice of Hot or cold cereal, Toast
18 Scrambled Eggs, Corned Beef Hash, Choice of Hot or cold cereal, Toast	19 Muffins, Yogurt, Choice of Hot or cold cereal, Toast	20 Biscuits & Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast	21 Donut, Boiled Egg, Choice of Hot or cold cereal, Toast	22 Breakfast Bowl, Choice of Hot or cold cereal, Toast	23 Pancakes, Sausage, Choice of Hot or cold cereal, Toast	24 Scrambled Eggs, Hash Brown Patty, Choice of Hot or Cold cereal, Toast
25 Danish, Boiled Egg, Choice of Hot or cold cereal, Toast	26 Scrambled Eggs, Bacon, Choice of Hot or cold cereal, Toast	27 Egg Bake, Choice of Hot or cold cereal, Toast	28 Muffin, Yogurt, Choice of Hot or cold cereal, Toast	29 Egg, Ham Slice, Choice of Hot or cold cereal, Toast	30 French Toast, Smoky Links, Choice of Hot or cold cereal, Toast	

Dinner

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Meatloaf, Scalloped Potatoes, Prince Charles Blend Dessert	2 Pollock, Rice, Normandy Blend, World Coconut Day!	3 Tater Tot Casserole, Cottage Cheese, Roll Dessert
4 Roast Turkey, Stuffing, Green Beans, Cranberry sauce, Ice Cream	5 LABOR DAY!	6 Shrimp Alfredo, Broccoli, Breadsticks National Coffee Ice Cream Day!	7 Pizza, Pop, Pasta Salad, Cookie	8 Stuffed Chicken, Party Potatoes, Mixed Vegetables Cake	9 Salmon, Rice, Capri blend Pudding	10 Kielbasa & Cabbage, Potatoes, Carrots Apple Bars
11 Beef Roast, Mashed Potatoes & Gravy, Prince Charles Blend, Ice Cream	12 Chicken Casserole, Cottage Cheese, Roll Dessert	13 Smothered Pork Chops, Mashed Potatoes & Gravy, Green Beans Pie	14 Chopped Steak, Au Gratin Potatoes, California Blend, Dessert	15 Sweet & Sour Chicken with Oriental Vegetables, Rice Cookie	16 Haddock, French Fries, Cole Slaw Cake	17 Pot Pie, Cottage Cheese Salad, Roll National Apple Dumpling Day!
18 Ham, Sweet Potatoes & Gravy, Corn, Lima Beans Ice Cream	19 BBQ Chicken Breast, Cheesy Potatoes, Cauliflower National Butterscotch Pudding Day!	20 Shepherd's Pie, Fruit Salad, Roll, Dessert	21 Corned Beef & Cabbage, Boiled Potatoes, Carrots Pudding	22 Lasagna, Tossed Salad, Garlic Bread Mini Eclairs	23 Cod, Rice, Prince Charles Blend, Bar	24 Open Faced Turkey Sandwich, Mashed Potatoes & Gravy, Peas & Carrots, Dessert
25 Pork Roast, Potatoes & Gravy, Green Beans, Red Cabbage, Ice Cream	26 Chicken, Baby Baked Potatoes, Vegetable Blend, National Key Lime Pie Day!	27 Beef Stew, Biscuit, Fruit Salad, Dessert	28 Broccoli Stuffed Chicken, Chicken Rice, Normandy Blend Vegetables National Strawberry Cream Pie Day!	29 Swedish Meatballs, Noodles, Green Peas, Pudding	30 Pecan Crusted Tilapia, Sweet Potatoes, Cauliflower Cookie	

Supper

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 BLT Sandwich, Bacon-Pea Salad, Pears	2 Ham & Cheese Sandwich, Soup, Fruit	3 Egg Salad Sandwich, Pasta Salad, Mixed Melon
4 French Dip, French Fries, Mixed Fruit	5 LABOR DAY!	6 Grilled Turkey & Swiss on Rye, Artisan Macaroni & Cheese, Jell-O	7 Tuna Casserole, Roll Watermelon	8 Ham & Cheese Sandwich, Tossed Salad, Peaches	9 Sloppy Joe's, Broccoli Salad, Chips Fruit	10 Chicken Tenders, Sweet Potato Fries, Pineapple
11 Cabbage Rolls, Mashed Potatoes, Stewed Tomatoes, Mixed Fruit	12 Pea Soup, Ham Sandwich, Pears	13 Beef Slider, German Potato Salad, Mixed Melon	14 Turkey Sandwich, Chicken Noodle Soup Mandarins	15 Rubeen Sandwich, Potato Chips, Pineapple	16 Pulled Pork on bun, Onion Rings, Fruit	17 Chicken Salad Sandwich, Pasta Salad, Peaches
18 Tuna Sandwich, Pasta Salad, Fruit	19 Sub Sandwich, Chips, Fruit Cocktail	20 National Pepperoni Pizza Day! Pop, Chips Mandarin Oranges	21 Fishwich Sandwich, Tater Tots, Cole Slaw, Applesauce	22 Chicken Salad on Croissant, Carrot- Raisin Salad, Melon	23 Goulash, Wheat Bread, Peaches	24 Hotdog, Baked Beans, Fruit
25 Turkey Club, Pasta Salad, Jello	26 Mexican Rice Casserole, Tortilla Chips, Applesauce	27 Pulled Chicken on Bun, Tossed Salad, Watermelon	28 Grilled Ham & Cheese, Potato Salad, Pears	29 Sloppy Joes, Chips, Fruit Cocktail	30 Beef & Provolone sandwich, Green Pepper Soup, Mixed Fruit	