

Breakfast**JULY 2022**

Menu subject to change due to availability.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Coffeecake, Boiled Egg, Choice of Hot or cold cereal, Toast					1 Pancakes, Sausage Links, Choice of Hot or cold cereal, Toast	2 Scrambled Eggs, Hash Brown Patty, Choice of Hot or Cold cereal, Toast
3 Muffin, Boiled Egg, Choice of Hot or cold cereal, Toast	4 Donut, Yogurt Cup, Choice of Hot or cold cereal, Toast	5 Eggs Florentine, Choice of Hot or cold cereal, Toast	6 Frittata, Choice of Hot or cold cereal, Toast	7 Waffles W/ Fruit, Choice of Hot or cold cereal, Toast	8 Egg Patty, Cheese & Canadian Bacon Croissant, Choice of Hot or cold cereal Toast	9 Omelet, Choice of Hot or cold cereal, Toast
10 Danish, Yogurt. Choice of Hot or cold cereal, Toast	11 French Toast, Smokie Links, Choice of Hot or Cold cereal, Toast	12 Egg, Ham slice, Choice of Hot or cold cereal, Toast	13 Frittata, Choice of Hot or cold cereal, Toast	14 Scrambled Eggs Sausage, Choice of Hot or Cold cereal, Toast	15 Quiche, Choice of Hot or Cold cereal, Toast	16 Egg Bake, Choice of Hot or cold cereal Toast
17 Pig in the Blanket, Citrus Fruit, Choice of Hot or Cold cereal, Toast	18 Breakfast Scramble, Choice of Hot or cold cereal, Toast	19 Cinnamon Roll, Boiled Eggs, Choice of Hot or cold cereal, Toast	20 Cheese Omelet, Choice of Hot or cold cereal, Toast	21 Egg Patty, Cheese & Sausage Patty on Croissant, Choice of Hot or cold cereal Toast	22 Waffles w/Fruit, Smokie Links, Choice of Hot or cold cereal, Toast	23 Frittata, Choice of Hot or cold cereal, Toast
24 Scrambled Eggs, Corned Beef Hash, Choice of Hot or cold cereal, Toast	25 Muffins, Yogurt, Choice of Hot or cold cereal, Toast	26 Biscuits & Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast	27 Donut, Boiled Egg, Choice of Hot or cold cereal, Toast	28 Breakfast Burrito, Choice of Hot or cold cereal, Toast	29 Pancakes, Sausage, Choice of Hot or cold cereal, Toast	30 Scrambled Eggs, Hash Brown Patty, Choice of Hot or Cold cereal, Toast

Dinner

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Beef Roast, Mashed Potatoes & Gravy, Carrots, Red Cabbage, Ice Cream					1 Butter crumb Scrod, Rice, Broccoli, Roll, Cookie	2 Swedish Meatballs, Egg Noodles, Green Peas, Dessert
3 Turkey Roast, Stuffing , Gravy, Prince Charles Blend, Cranberry Sauce Ice Cream	4th of July Meal!	5 Beef Tips, Noodles, Peas, Roll National Graham Cracker Day!	6 Chicken Legs, Potatoes & Gravy, Cole Slaw, Corn, Biscuit, Cookie National Fried Chicken Day!	7 Meatloaf, Scalloped Potatoes, California Blend National Chocolate Day!	8 Pollock, Baby Baked Potatoes, Baby Carrots Pudding	9 Tater Tot Casserole, Cottage Cheese, Roll National Sugar Cookie Day!
10 Ham, Sweet Potatoes, Corn, Cauliflower Ice Cream	11 Stuffed Chicken, Party Potatoes, Green Beans	12 Shrimp Alfredo, Broccoli, Breadsticks National Pecan Pie Day!	13 Swiss Steak, Mashed Potatoes & Gravy, Scandinavian Blend Bar	14 Pizza, Pop, Pasta Salad Cookie	15 Tortilla Crusted Tilapia, Mexican Rice, Capri blend National Tapioca Pudding Day!	16 Kielbasa & Cabbage, Potatoes, Carrots Dessert
17 Beef Roast, Mashed Potatoes & Gravy, Prince Charles Blend, National Ice Cream Day!	18 Chopped Steak, AuGratin Potatoes, California Blend, Pudding	19 Turkey Pot Roast, Mashed Potatoes & Gravy, Baby Carrots, Bars	20 Spaghetti w/ Meat sauce, Tossed Salad, Garlic Bread National Ice Cream Soda Day!	21 Sweet & Sour Chicken with Oriental Vegetables, Rice Cookie	22 Haddock, French Fries, Cole Slaw Cake	23 Pot Pie, Cottage Cheese Salad, Roll National Vanilla Ice Cream Day!
24 Pork Roast, Mashed Potatoes & Gravy, Carrots, Lima Beans Ice Cream	25 BBQ Chicken Breast, Cheesy Potatoes, Cauliflower Dessert	26 Smothered Pork Chops, Mashed Potatoes & Gravy, Green Beans Cake	27 Shepherd's Pie, Fruit Salad, Roll, Dessert	28 Hamburger, Baked Beans, Potato Salad Pudding National Hamburger Day!	29 Lasagna, Tossed Salad, Mini Eclairs National Lasagna Day!	30 Chicken Casserole, Cottage Cheese, Roll Dessert

Supper

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Ham Salad on Bun, Pasta Salad, Fruit					1 Cabbage Rolls, Mashed Potatoes, Stewed Tomatoes, Pineapple	2 Chicken Salad on Croissant, Carrot-Raisin Salad, Melon
3 Ham Salad on Bun, 3 Bean Salad, Mixed Fruit National Eat Beans Day!	4 Chicken Slider, Chips, Jell-O w/ Fruit	5 Grilled Cheese, Tomato Soup Watermelon	6 Turkey Pastrami on Bun, German Potato Salad, Pears	7 BLT Sandwich, Bacon-Pea Salad, Mandarins	8 Chicken Caesar Salad, Muffin, Fruit	9 Egg Salad Sandwich, Pasta Salad, Applesauce
10 French Dip, French Fries, Mixed Fruit	11 Brats on Bun, Baked Beans, Pears	12 Hamburger on Bun, Potato Salad, Mixed Melon	13 Grilled Turkey & Swiss on Rye, Artisan Macaroni & Cheese, Jell-O	14 Sloppy Joe's, Broccoli Salad, Chips Peaches	15 Ham & Cheese Slider, Pasta Salad, Fruit	16 Chicken Salad sandwich, Tossed Salad, Pineapple Chunks
17 Cabbage Rolls, Mashed Potatoes, Stewed Tomatoes, Mixed Fruit	18 Hotdog on bun, Baked Beans, Pears	19 Pulled Pork on bun, German Potato Salad, Mixed Melon	20 Turkey Slider, Onion Rings, Peaches	21 Rubeen Sandwich, Potato Chips, Pineapple	22 Broccoli Cheese Soup, Ham Sandwich, Fruit	23 Chicken Strips, French Fries, Mixed Fruit
24 Tuna Sandwich, Pasta Salad, Fruit	25 Sub Sandwich, Chips, Fruit Cocktail	26 Turkey & Swiss Sandwich, Potato Salad Mixed Fruit	27 Goulash, Wheat Bread, Peaches	28 Chicken Salad on Croissant, Carrot-Raisin Salad, Melon	29 Fishwich sandwich, Tater Tots, Cole Slaw, Pears	30 Roast Beef & Provolone on Bun, Salad, Fruit

