

June 2022

GeoCamConnection

Georgetown & Cambridge Assisted Living 141-151 Port Sheldon Rd. Grandville, MI 49418



June 2022 Happenings

June 4

Outdoor Clean Up Day

June 6

Grace Gospel Band

June 9

Antique Car Show & Ice
Cream Social

June 15

Music with Bob Lacy

June 19

Happy Father's Day

June 22

Music with Marv Latrell

June 29

Music with David Molinari

Have A Happy Journey

A number of years ago my mini-van got a flat tire. Car engineers find creative ways to store spare tires. The spare tire was located underneath the car. As I was scraping my knuckles trying to reach the spare tire, a young man saw my predicament. He asked if I could use some help. I was a bit embarrassed to accept his offer, but I did. With a sense of relief, I watched as he got under the car & released the spare tire. He even removed the flat tire & put on the spare tire. I thanked him for his help.

We all can use help now and then on the journey of life. The wise person accepts the help when God provides it. When we have a cavity in our tooth, we can complain about the pain for months or we can go to the dentist. When we have a leak in our water pipes, we can keep drying out our wet papers or we can call a plumber. When we want fresh fruit, we can go to the grocery store. Well, you get the idea...Most days we are unaware of all the people who came alongside us on the road of life. These caring and competent individuals help us thrive and be prosperous. Take some time to think about all the people who helped you on your journey today.

When the Israelites were entering into the Promised Land, God gave them some advice for the journey. God advised them to read the Bible and to put it into practice. "Then you will make your way prosperous and then you will have success" (Joshua 1:8) God wanted His people to thrive. The Children of Israel wisely accepted the help God gave them in their journey of life.

"Beloved, I pray in all respects you may prosper and be in good health, just as your soul prospers." (3 John 1:2)

-Rev. Jeff Meyers

Georgetown/Cambridge Welcome!!

Some of you may have noticed a new face walking around that is part of our Maintenance Department. We have a new director! His name is Garren Carrel.

Garren is a local guy who grew up in Grand Rapids. He's one of six kids. He went to Wyoming Park High school & graduated in 2009. He was into basketball & played on a travel team after high school. He has three girls ages 13, 9 & 3. He keeps very busy!!

He has a lot of experience taking care of buildings such as ours.

He was in charge of Cross Creek Charter School in Byron for 1 & ½ years. Following that he worked at Grand Rapids First Church as part of the custodial team. He was primarily in charge of the Life Center.

When he's not busy taking care of our campus he likes to build furniture, go hunting especially deer, turkey, and small game. He enjoys hiking & has hiked in the Sleeping Bear Dunes area. He dabbles in fly fishing!

Garren states that he's "jack of all traits but master of none!"

So, let's give Garren a great BIG welcome to Georgetown & Cambridge! We are so excited to have you as part of the team!

WELCOME!

Mark F. to South
Arthur H. to West
Greg I. to South

We are so happy to have you here
with us!!

In Sympathy

We extend our prayers to the
families of residents we've recently
lost

Norma Jean VanDyke

Bonnie Nienhuis

HAPPY BIRTHDAY!

RESIDENTS

Mark F- 6/5
Marilyn B- 6/7
Ina J- 6/13
Jan F- 6/23

STAFF

RuthAnn H-6/1
Katrina M-6/14
Andrea Z-6/14
Stephanie B-6/21
Alex H-6/27

Milk's Shaky History

June was declared Milk Month in 1937 as part of a campaign to help dairy producers during warm summer months when grazing was plentiful for dairy cows & milk production was at its peak. Dairies were keen to increase sales because the industry was grappling with significant change. Where milk was once delivered daily door-to-door by milkmen, by the 1930's & 40's, home like delivery was nearly obsolete. Thanks to the invention of home refrigeration, families were now able to store milk and perishable goods in their homes for long periods. Grocery stores, which had previously sold mostly dry goods, now had vast refrigerated sections that kept everything from milk to ice cream cold. The whistling milkman became a thing of the past, a piece of precious nostalgia. Yet some modern families have embraced the return of daily milk delivery. Milkmen are once again making their rounds, delivering fresh milk in glass bottles. Not only is the milk fresh, often bottled & delivered within 24 hours, but the glass bottles are environmentally friendly, reducing the need for plastic jugs & paper cartons. Better yet, milkmen are also delivering fresh egg, butter, cheese, and yogurt. If you're lucky, you can even receive chocolate or strawberry milk! Signing up for modern milk delivery is helping local farms flourish. Despite these innovations, the future of dairy is a bit foggy. Anyone who has ventured into the milk aisle at the grocery store now sees several plant-based milk options: nut milk, coconut milk, & soy milk. Dairy executives might object to using the term *milk* to describe the white, milky, liquid that comes from crushing nuts into paste and blending then with water, but such beverages have been drunk as "milk" for centuries by cultures around the globe. Many people who cannot enjoy dairy for health reasons are lucky to have these plant-based alternatives. Non-dairy milks can even be transformed into other dairy staples such as butter, ice cream, and cheese. There's suddenly more to Dairy Month than ever before.

**TO CELEBRATE OUR
FATHER'S, GRANDFATHER'S &
GREAT GRANDFATHER'S, COME &
JOIN US FOR SOME FUN!**



**Antique Car Show & Ice Cream Social
Thursday, June 9
6:00-7:30 PM
In the Cambridge Parking Lot
Don't forget to bring your own lawn chair!**

DID YOU KNOW?

That our Connecor can be used for family get togethers? If you have an upcoming special event in your family & need some extra space & cannot take your loved one out, then you can use this wonderful space!

If you have any questions about it or would like to reserve the room, call or email our Life Enrichment Director, Rachel Rynbrandt. 616-457-6010 during the day. Email: rachel.rynbrandt@baruchsls.org

MARK IT ON YOUR CALENDARS

Come & join us for our annual Summer picnic! It will be on Tuesday, August 23. Festivities start at 5:30 pm. Our theme is Hawaiian so come dressed up! It will be a night of fun for the whole family. We will have delicious food, entertainment, games, & a silent auction as well as details for Fall events. Look in next month's newsletter, and our Facebook page (Georgetown & Cambridge Assisted Living) for more details! We can't wait!!!



A Father Is:

There in every memory
See his love and care
Strength and hands to count on
Freely he does share
Provider, toil so faithfully
To make our dreams come true
Give strong and tender discipline
Though it is hard to do
A Father is God's chosen one
To lead the family
And point it to His will for life
Of love and harmony...

POP CAN DRIVE

We are accepting pop can donations to raise money for Biking for Baruch which will be taking place the month of September.

You can drop them off in the Connector or let Rachel Rynbrandt our Life Enrichment Director know & she can pick them up.

Stay tuned for more details to re: information on Biking for Baruch and what it's all about!