

**Breakfast****SEPTEMBER 2020**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
		1 Egg, Bacon, Choice of Hot or cold cereal, Toast	2 Morning Glory Muffin, Boiled Egg, Choice of Hot or Cold cereal, Toast	3 Biscuits & Sausage Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast	4 Scrambled Eggs Ham, Choice of Hot or cold cereal, Toast	5 Egg & Sausage Patty Breakfast Sandwich, Choice of Hot or cold cereal, Toast
6 Cinnamon Roll, Boiled Eggs, Choice of Hot or cold cereal, Toast	7 Scrambled Eggs, Turkey Sausage, Choice of Hot or cold cereal, Toast	8 Danish, Omelet, Choice of Hot or cold cereal, Toast	9 Egg, Bacon, Choice of Hot or cold cereal, Toast	10 Egg Patty, Canadian Bacon on English Muffin, Choice of Hot or cold cereal, Toast	11 Cinnamon French Toast, Smoky Links, Choice of Hot or cold cereal, Toast	12 Yogurt Parfait, Mini Muffin, Choice of Hot or cold cereal, Toast
13 Frittata, Choice of Hot or cold cereal, Toast	14 Waffles W/ Fruit, Choice of Hot or cold cereal, Toast	15 Scrambled Eggs & Bacon, Choice of Hot or cold cereal, Toast	16 Coffeecake, Boiled Eggs, Choice of Hot or Cold cereal, Toast	17 Western Egg Bake, Choice of Hot or Cold cereal, Toast	18 Pig in the Blankets, Fruit, Toast, Choice of Hot or Cold Cereal	19 Bran Muffin, Scrambled Eggs, Choice of Hot or cold cereal, Toast
20 Egg & Sausage Strata, Choice of Hot or cold cereal, Toast	21 Eggs Florentine, Choice of Hot or cold cereal, Toast	22 Donut, Boiled Egg, Choice of Hot or cold cereal, Toast	23 Cheese Omelet, Fruit, Choice of Hot or cold cereal, Toast	24 Muffin, Egg Patty, Choice of Hot or cold cereal, Toast	25 Cheesy Scrambled Eggs, Bacon, Choice of Hot or cold cereal, Toast	<b>26 Pancakes</b> , Smoky Links, Choice of Hot or cold cereal, Toast
27 Frittata, Choice of Hot or cold cereal Toast,	28 Waffles W/Strawberries, Sausage Links, Choice of Hot or cold cereal, Toast	29 Quiche, Choice of Hot or cold cereal, Toast	30 Muffin, Eggs, Choice of Hot or cold cereal, Toast			

# Dinner

# SEPTEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Smothered Pork Chops, Au Gratin Potatoes, Baby Carrots, Banana Tarts	2 Lasagna, Salad, Wax Beans, Garlic Bread Brownie	3 Broccoli Chicken , Chicken Rice, Prince Charles Blend, Cherry Pie	4 Sweet Potato Crusted Pollock, Scalloped Potatoes, California Blend, Roll, Butterscotch Pudding	5 Beef Tips, Egg Noodles, Green Peas, Beets, Bread, Cake
6 Roast Turkey, Stuffing, Gravy, Cranberry Sauce, Green Beans, Ice Cream	<b>7 LABOR DAY!</b>	8 Chopped Steak, Au Gratin Potatoes, Wax Beans, Squash, Chocolate Cake	9 BBQ Chicken Thighs, Baked Potato, Prince Charles Blend, Bar	10 Shrimp Fettuccine Alfredo, Broccoli, Garlic bread Mini Eclairs	11 Applewood Smoked Salmon, Rice, Capri Blend, Roll Pudding	12 Shephard's Pie, Cottage Cheese Salad, Roll Dessert
13 Pork Roast, Potatoes & Baby Carrots, Red Cabbage, Ice Cream	<b>14 Cranberry Chicken, Scalloped Potatoes,, California Blend , Roll</b>  <b>National Crème-filled Donut Day!</b>	15 Meatloaf, Mashed potatoes & Gravy, Green Beans, Bar	<b>16 National Italian Day!</b>  Pizza, Tossed Salad, Breadsticks w/sauce Dessert Bar	<b>17 Turkey Pot Roast, Potatoes &amp; Gravy, Cauliflower, Corn, Apple Dumpling Day!</b>	18 Butter Crumb Scrod, Sweet Potatoes, Mixed Vegetables, Roll Cookie	19 Chicken Breast, Vegetable Pasta Blend, Garlic Toast Dessert
20 Beef Roast, Mashed Potatoes & Gravy, Baby Carrots Ice Cream	21 Chicken Thighs, Red Potatoes, Capri Blend, Dessert	22 Beef Stroganoff, Noodles, Peas & Carrots, Roll Pudding	23 BBQ Ribs, Baby Baked Potatoes, California Blend, Pie	24 Sweet & Sour Chicken W/ Oriental Vegetables , Egg Rolls, Rice, Cookie	25 Tortilla Crusted Tilapia, Rice, Broccoli, Apple Bar	26 Tortellini Casserole, Breadsticks, Salad, Cake
<b>27 Ham, Sweet Potatoes, Prince Charles Blend, Lima Beans</b>  Ice Cream	<b>28 Lasagna, Tossed Salad, Wax Beans, Garlic Toast, Dessert</b>	<b>29 Baked Chicken</b> Legs, Potatoes & Gravy, Cole Slaw, Corn, Biscuit, Cookie	30 Smothered Pork Chops, Mashed Potatoes & Gravy, Baby Carrots, Brownie			

## Supper

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Cabbage Rolls, Mashed Potatoes, Stewed Tomatoes Mixed Fruit	2 Chicken Tenders, Tater Tots, Pineapple chunks	3 Sloppy Joe's , Pickle, Potato Salad, Jell-O	4 Vegetable Beef Soup, Tossed Salad,  Peaches	5 Grilled Ham & Cheese , Macaroni Salad, Cottage Cheese & Pears
6 White Chicken Chili, Corn Muffins,  Mixed Fruit	7 Pulled Pork on bun, French Fries,  Applesauce	8 Rueben Sandwich, Chips,  Mixed Fruit	9 Turkey Club, Pasta Salad,  Jell-O	10 Ham & Cheese Sandwich, Chicken Noodle Soup, Melon	11 Brat on bun, Baked Beans, Sauerkraut Mandarin Oranges	12 Chicken Salad on Croissant, Chips  Pineapple Chunks
13 Tater Tot Casserole, Wheat Bread, Mixed Melon	14 BLT Sandwich, Potato Salad, Jell-O w/ Fruit	15 Roast Beef & Provolone on Rye, 3 Bean Salad, Peaches	16 Sloppy Joe's, Pickle, French Fries,  Pears	17 Grilled Cheese, Tomato Soup, Pineapple Chunks	<b>18 National Cheeseburger Day!</b> Chips & Dip, Mixed Fruit	19 Turkey & Swiss Sandwich, Broccoli & Cheese Soup Applesauce
20 Tuna Melt, Vegetable Soup, Jell-O W/ Fruit	21 French Dip on Mini Subs, Fries, Fruit Cocktail	22 Chicken Patty on Bun, Tater Tots Mixed Fruit	23 Ham & Swiss Slider, Macaroni & Cheese, Mandarin Oranges	24 Egg Salad Sandwich, Macaroni Salad, Apricots	25 Goulash, Wheat Bread, Mixed Fruit	26 Hotdogs, Chips, Cole Slaw, Pineapple Chunks
27 Pulled Chicken on bun, Sweet Potato Fries, Peaches	28 Ham & Cheese sandwich, Split Pea Soup, Applesauce	29 Taco Casserole, Tortilla Chips & Salsa Mixed Fruit	30 Roast Beef Sliders, Broccoli Salad, Melon			

\*\*\*\* Menu is subject to change based on availability