

Breakfast**OCTOBER, 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Biscuits & Sausage Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast	2 Donut, Yogurt cup, Choice of Hot or cold cereal, Toast	3 Scrambled Eggs, Ham, Choice of Hot or cold cereal, Toast
4 Cinnamon Roll, Boiled Eggs, Choice of Hot or cold cereal, Toast	5 Frittata, Choice of Hot or cold cereal, Toast	6 Danish, Omelet, Choice of Hot or cold cereal, Toast	7 Scrambled Eggs, Bacon, Choice of Hot or cold cereal, Toast	8 Egg Patty, Canadian Bacon on English Muffin, Choice of Hot or cold cereal, Toast	9 Cinnamon French Toast, Smoky Links, Choice of Hot or cold cereal, Toast	10 Yogurt Parfait, Mini Muffin, Choice of Hot or cold cereal, Toast
11 Frittata, Choice of Hot or cold cereal, Toast	12 Waffles W/ Fruit, Choice of Hot or cold cereal, Toast	13 Coffeecake, Boiled Eggs, Choice of Hot or cold cereal, Toast	14 Scrambled Eggs & Bacon, Choice of Hot or Cold cereal, Toast	15 Western Egg Bake, Choice of Hot or Cold cereal, Toast	16 Pig in the Blankets, Fruit, Toast, Choice of Hot or Cold Cereal	17 Bran Muffin, Egg Patty, Choice of Hot or cold cereal, Toast
18 Frittata, Choice of Hot or cold cereal, Toast	19 Eggs Florentine, Choice of Hot or cold cereal, Toast	20 Donut, Boiled Egg, Choice of Hot or cold cereal, Toast	21 Cheese Omelet, Fruit, Choice of Hot or cold cereal, Toast	22 Muffin, Egg Patty, Choice of Hot or cold cereal, Toast	23 Cheesy Scrambled Eggs, Bacon, Choice of Hot or cold cereal, Toast	24 Pancakes, Smoky Links, Choice of Hot or cold cereal, Toast
25 Frittata, Choice of Hot or cold cereal Toast,	26 Waffles W/Strawberries, Sausage Links, Choice of Hot or cold cereal, Toast	27 Quiche, Choice of Hot or cold cereal, Toast	28 Muffin, Eggs, Choice of Hot or cold cereal, Toast	29 Egg, Bacon, Choice of Hot or cold cereal, Toast	30 Morning Glory Muffin, Boiled Egg, Choice of Hot or Cold cereal, Toast	31 Biscuits & Sausage Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast

**** Menu is subject to change based on availability

Dinner

OCTOBER, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chicken Cordon Bleu , Chicken Rice, Prince Charles Blend, Cherry Pie	2 Sweet Potato Crusted Pollock, Scalloped Potatoes, California Blend, Roll, Mini Eclairs	3 Chicken Pot Pie, Cottage Cheese Salad, Roll Cake
4 Roast Turkey, Mashed Potatoes & Gravy Cranberry Sauce, Green Beans, Ice Cream	5 BBQ Ribs, Baby Baked Potatoes, Normandy Blend Cookie	6 Swiss Steak, Dice Red Potatoes, Wax Beans, Squash, Chocolate Cake	7 Shrimp Fettuccine Alfredo, Broccoli, Garlic bread Pie	8 Chicken Thighs, Potatoes & Gravy, Baby Carrots, Bar	9 Almandine Tilapia, Rice, Capri Blend, Roll Pudding	10 Shephard's Pie, Cottage Cheese Salad, Roll Dessert
11 Pork Roast, Potatoes & Baby Carrots, Red Cabbage, Ice Cream	12 Cranberry Chicken, Scalloped Potatoes,, California Blend , Roll Cake	13 Pizza, Breadsticks & Sauce Cookie	14 Meatloaf, Mashed potatoes & Gravy, Green Beans, National Dessert Day!	15 Turkey Pot Roast, Potatoes & Gravy, Cauliflower, Corn, Pudding	16 Butter Crumb Scrod, Sweet Potatoes, Mixed Vegetables, Roll Cookie	17 Cabbage Rolls, Mashed Potatoes, Stewed Tomatoes Dessert
18 Beef Roast, Mashed Potatoes & Gravy, Prince Charles, Ice Cream	19 Chicken Thighs, Red Potatoes, Capri Blend, Dessert	20 Corned Beef, Potatoes, Gravy, Cabbage, Carrots Pudding	21 BBQ Ribs, Au Gratin Potatoes, California Blend Pie	22 Sweet & Sour Chicken W/ Oriental Vegetables , Egg Rolls, Rice, Cookie	23 Tortilla Crusted Tilapia, Rice, Broccoli, Apple Bar	24 Tortellini Casserole, Breadsticks, Salad, Cake
25 Ham, Sweet Potatoes, Prince Charles Blend, Lima Beans Ice Cream	26 Lasagna, Tossed Salad, Wax Beans, Garlic Toast, Mini Eclairs	27 Baked Chicken Legs, Potatoes & Gravy, Cole Slaw, Corn, Biscuit, Cookie	28 Smothered Pork Chops, Mashed Potatoes & Gravy, Baby Carrots, National Chocolate Day!	29 Broccoli Chicken , Au gratin Potatoes, Prince Charles Blend, Cherry Pie	30 Lemon Pepper Tilapia, Rice, California Blend, Roll, Butterscotch Pudding	31 Beef Tips, Egg Noodles, Green Peas, Beets, Bread, Cookies

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Supper

OCTOBER, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Sloppy Joe's , Pickle, Chips, Jell-O W/Fruit	2 Vegetable Beef Soup, Bologna Sandwich, Mandarin Oranges	3 Sub Sandwich, Pasta Salad, Pineapple
4 White Chicken Chili, Corn Muffins, Mixed Fruit	5 Turkey Club, Pasta Salad, Jell-O	6 Rueben Sandwich, Chips, Applesauce	7 Pulled Pork on bun, French Fries Pears	8 Ham & Cheese Sandwich, Chicken Noodle Soup, Melon	9 Brat on bun, German Potato Salad, Baked Beans, Mandarin Oranges	10 Chicken Salad on Croissant, Chips Pineapple Chunks
11 Tater Tot Casserole, Wheat Bread, Applesauce	12 Ham Sandwich, Green Pepper Soup Jell-O w/ Fruit	13 Chili, Cornbread Peaches	14 Roast Beef & Provolone on Rye, 3 Bean Salad, Pears	15 Grilled Cheese, Tomato Soup, Pineapple Chunks	16 Sloppy Joe's, Pickle, French Fries, Mixed Fruit	17 Tuna Melt, Vegetable Soup, Applesauce
18 Turkey & Swiss Sandwich, Broccoli & Cheese Soup Fruit Cocktail	19 French Dip on Mini Subs, Fries, Jell-O W/Fruit	20 Chicken Patty on Bun, Tater Tots Mixed Fruit	21 Goulash, Wheat Bread, Mandarin Oranges	22 Ham & Swiss Slider, Macaroni & Cheese, Apricots	23 Hamburger on Bun, Chips Mixed Fruit	24 Turkey & Cheese Sandwich, Chicken Noodle Soup, Pineapple Chunks
25 Pulled Chicken on bun, Sweet Potato Fries, Peaches	26 Ham & Cheese Sandwich, Split Pea Soup, Applesauce	27 Spanish Rice, Tortilla Chips & Bean Dip Mixed Fruit	28 Roast Beef Sliders, Broccoli Salad, Melon	29 Sloppy Joe's , Pickle, Chips, Jell-O	30 Vegetable Beef Soup, Turkey Sandwich, Peaches	31 Halloween Supper and Treats!

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