Breakfast

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Biscuits & Sausage Gravy, Boiled Eggs, Choice of Hot or cold cereal	2 Egg & Sausage Strata, Choice of Hot or cold cereal	3 Scrambled Eggs, Donuts, Choice of Hot or Cold cereal, Toast	4 Egg, Bacon, Choice of Hot or Cold cereal, Toast	5 Waffles W/Fruit Choice of Hot or Cold cereal, Toast	6 Eggs Florentine, Choice of Hot or Cold cereal, Toast	7 Danish, Boiled Egg Choice of Hot or Cold cereal, Toast
8 Cheese Omelet, Fruit, Choice of Hot or cold cereal, Toast	9 French Toast, Sausage Links Choice of Hot or cold cereal, Toast	10 Frittata, Choice of Hot or cold cereal, Toast	11 Cheesy Scrambled Eggs, Sausage Patty, Choice of Hot or cold cereal, Toast	12 Pancakes, Smoky Links, Choice of Hot or cold cereal, Toast	13 Egg, Bacon, Choice of Hot or cold cereal, Toast	14 Morning Glory Muffin, Boiled Eggs, Choice of Hot or cold cereal, Toast
15 Biscuits & Sausage Gravy, Egg Patty, Choice of Hot or Cold cereal, Toast	16 Danish, Boiled Egg, Choice of Hot or cold cereal, Toast	17 Scrambled Eggs, Bacon, Choice of Hot or cold cereal, Toast	18 Egg Patty, Sausage Patty on English Muffin, Choice of Hot or cold cereal, Toast	19 Frittata. Choice of Hot or cold cereal, Toast	20 Scrambled Eggs, Turkey Sausage, Choice of Hot or cold cereal	21 Coffeecake, Scrambled Eggs, Choice of Hot or cold cereal
22 Egg, Bacon, Choice of Hot or cold cereal	23 Frittata, Choice of Hot or cold cereal	24 Cinnamon French Toast, Sausage Links, Choice of Hot or cold cereal	25 Quiche, Choice of Hot or cold cereal	26 Cinnamon Roll, Boiled Eggs, Choice of Hot or cold cereal	27 Cheese Omelet, Choice of Hot or cold cereal	28 Western Egg Bake, Choice of Hot or cold cereal
29 Frittata, Choice of Hot or cold cereal	30 Blueberry Pancakes, Smoky Links, Choice of Hot or Cold cereal, Toast	31 Yogurt Parfait, Muffin, Choice of Hot or cold cereal				

Dinner

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Beef Roast, Mashed Potatoes & Gravy, Green Beans, Roll Ice Cream	2 BBQ Chicken Thighs, Red Potatoes, Cauliflower, Bread National Banana Cream Pie Day!	3 Spaghetti & Meat sauce, Tossed Salad, Garlic Bread Pudding	4 Pork Chops, Mashed Potatoes & Gravy, Peas, National Pound Cake Day!	5 Beef Stew on Biscuit, Tossed Salad, Apple Crisp	6 Applewood Salmon, Noodles, Capri Blend, Roll, Brownie	7 Teriyaki Chicken, Chicken Rice, Oriental Vegetables, Crab Rangoon's, Cookie
8 Roast Turkey , Potatoes & Gravy, Baby Carrots,, Cranberry Sauce, Ice Cream	9 Sweet & Sour Meatballs, Rice, Capri Blend, Orange Bread	10 Chicken Breast, Sweet Potatoes, Cauliflower, Roll Peach Crisp	11 BBQ Pork Ribs, Baked Potato, Broccoli, Roll Nanaimo Bar	12 Chicken Pot Pie, Tossed Salad, Wheat Bread, Carrot Cake	13 Sweet Potato Crusted Pollock, Rice, California Blend, Roll Apple Bars	14 Meatloaf, Mashed Potatoes & Gravy, Green Beans, Roll, Cookie
15 Baked Ham, Potatoes & Gravy, Prince Charles Blend, Bread, Ice Cream	16 Beef Tips, Egg Noodles, Green Peas, Bread, Cake	17 Corned Beef, Potatoes, Baby Carrots, Cookie	18 Chicken Cordon Bleu, Red Potatoes, Green Beans, Blueberry Pie Alamode	19 Tortellini Casserole, Tossed Salad, Garlic Breadstick, Brownie	20 Butter Crumb Scrod, Sweet Potatoes, Cauliflower, Roll Pudding & Cookie Parfait	21 Baked Chicken, Party Potatoes, Broccoli & Cheese, Roll Dessert
22 Pork Roast, Mashed Potatoes & Gravy, Baby Carrots, Roll Ice Cream	23 Baked Chicken Legs, Potatoes & Gravy, Cole Slaw, Corn,	24 Shepard's Pie, Cottage Cheese Salad, Roll Pudding	25 Shrimp Fettuccine Alfredo, Salad, Garlic bread Cake	26 BBQ Chicken Thighs, Potatoes & Gravy, California Blend, Bread Pie Ala Mode	27 Tortilla Crusted Tilapia, Rice, Fiesta Corn, Lima Beans, Roll Bar	28 Swiss Steak, Mashed Potatoes & Gravy, Green Beans, Bread Dessert
29 Meatloaf, Mashed Potatoes & Gravy, Prince Charles Blend, Ice Cream	30 Apple Pork Chops, Potatoes, Carrots, Bread Cake	31 Broccoli Chicken, Scalloped Potatoes, Chalet Blend, Roll Brownie				

Supper

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Turkey Sandwich, Macaroni Salad Fruit Cocktail	2 Sloppy Joe's, Pickle, Macaroni Salad Jell-O	3 BFS Day! Broccoli Quiche, Ham Slice, Mixed Melon	4 Vegetable Soup, Tossed Salad W/ Turkey, Roll Fruit Cocktail	5 Hotdog on Bun, Baked Beans, Carrot-Raisin Salad Mandarin Oranges	6 Chicken Noodle Soup, Turkey & Swiss Sandwich Mixed Fruit	7 Grilled Cheese sandwich, Tomato Soup, Pineapple Chunks
8 Tater Tot Casserole, Wheat Bread, Cottage Cheese W/ Peaches	9 Cauliflower Soup, Chef's Salad, Applesauce	10 Goulash, Wheat Bread, Mixed Melon	11 Turkey Wrap, Cottage Cheese, Jell-O W/ Fruit	12 Ham Slice, Split Pea Soup, Wheat Bread Mixed Fruit	13 Minestrone Soup, Tossed Salad W/ Turkey, Mandarin Oranges	14 Chicken Salad on Croissant, Chip s, Pears
15 Turkey & Swiss Slider, Marinated Cucumbers, Fruit Salad	16 Ham & Potato Au Gratin, Wheat Bread Melon	17 White Chicken Chili, Corn Muffin Fruit Cocktail	18 Sloppy Joe's , Pickle, Potato Salad, Pineapple Chunks	19 Vegetable Soup, Chef's Salad Mixed Fruit	20 Chicken Tenders, Tater Tots, Broccoli Slaw Applesauce	21 Cheeseburger, Chips, Pickle, Jell-O W/Fruit
22 Tuna Sandwich, Pasta Salad, Mixed Melon	23 Mexican Rice, Tortilla Chips & Salsa, Refried Beans, Peaches	24 Broccoli Cheese Soup, Tossed Salad w/Ham Jell-O	25 Rueben Sandwich, Chips, Pineapple Chunks	26 Pulled Pork on Bun, German Potato Salad, Baked Beans, Pears	27 Brats with Kraut, on Bun, Bean Soup Mandarin Oranges	28 Chicken on Bun, Sweet Potato Fries, Mixed Fruit
29 Tuna Casserole, Wheat Bread, Pears	30 Chili, Cornbread, Mixed Melon	31 Cabbage Rolls, Mashed Potatoes, Stewed Tomatoes, Peaches				